

# Chorus Chatter

News and Musings for Young at Heart Chorus Members  
<https://www.youngatheartlascruces.website/>

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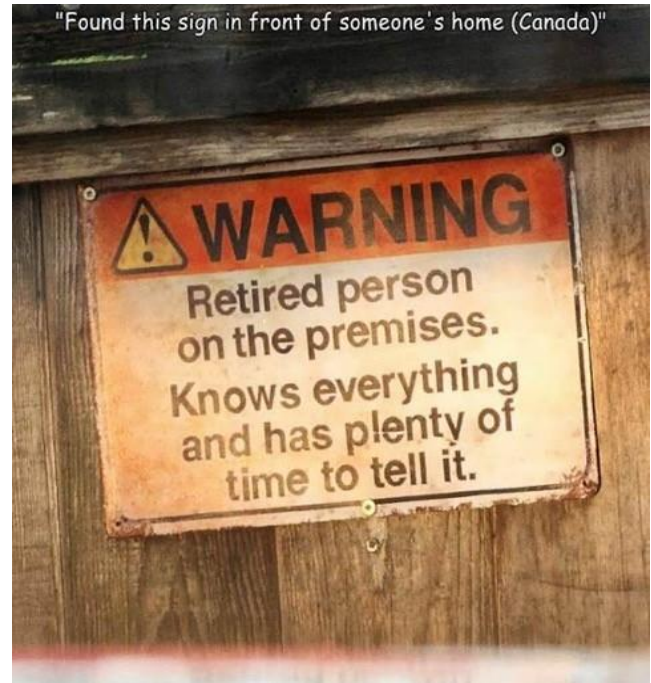
## Singin' in the Rain

is one of our April songs, with lyrics by Arthur Freed and music by Nacio Herb Brown. Doris Eaton Travis introduced the song on Broadway in *The Hollywood Music Box Revue* in 1929. It was then widely popularized by Cliff Edwards and the Brox Sisters in *The Hollywood Revue of 1929*.

The song is best known today as the centerpiece of the musical film *Singin' in the Rain* (1952), in which Gene Kelly memorably danced to the song while splashing through puddles during a rainstorm. The song was also performed during the opening credits of the film, and briefly near the end of the film by Debbie Reynolds.

*Wikipedia*

*My teachers told me I'd never amount to much because I procrastinate too much. I told them, "Just you wait."*



## Mesilla Valley Chorale Concert

Don't miss the Mesilla Valley Chorale's Spring concert, "Voices of Peace and Freedom." The concert will be at 3:00 PM on Sunday, May 5th in the Rio Grande Theatre. You can get tickets on this website\_

<https://www.mesillavalleychorale.org/concert>, or see Ray or any other Chorale member if you prefer paper tickets. While tickets may be available at the door at 2:30 PM on

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the day of the concert, seating is limited, so get your tickets early to avoid disappointment.

The concert will include *Can We Sing the Darkness to Light?; Distant Land; Free at Last; Music Lead the Way; Walk a Mile* and many more.

**Sometimes someone unexpected comes into your life outta nowhere, makes your heart race and changes you forever...**

**We call these people cops.**

### Remind Me...

If you need to remember something, don't say to your spouse, friend, or anyone else, "Remind me to ..." That puts the responsibility on them and lets you off the hook. Instead, say, "I need to remember to...", and you are more likely to remember whatever it was. Also, the other person may also remember and remind you.

### Clothes Dryer Safety

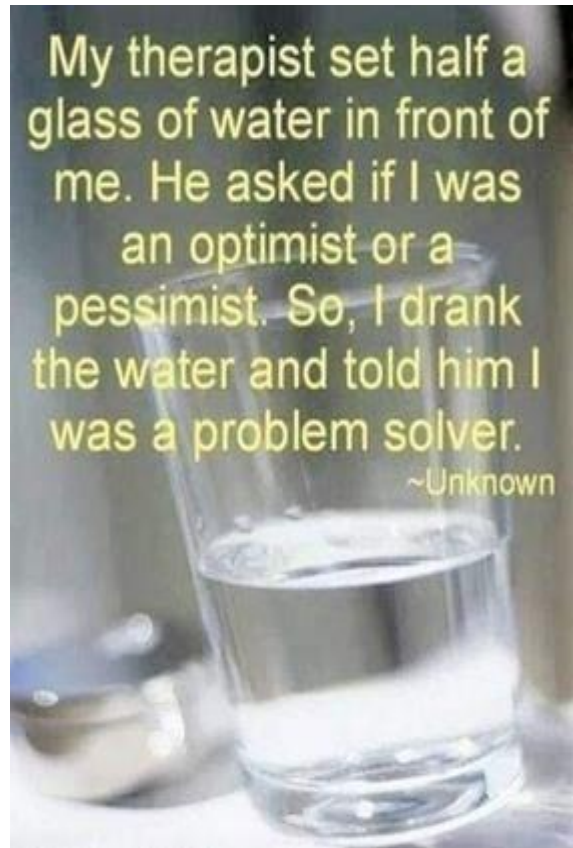
The U.S. Fire Administration says that the number of clothes dryer fires increases in the winter months. Stay safe and follow these tips:

- Empty the lint screen after every load. Thick fabrics such as towels and newer fabrics create more lint, which can get trapped in the vent.
- Don't overload. Dry heavy sweaters, coats and blankets in smaller loads.
- Keep the area around the dryer clean. Clear away clutter, especially flammables like gift wrap, boxes, guests' coats, combustible cleaning supplies, and rags. Keep the area free of pet hair and pet-related clutter.
- Never run the dryer when you're asleep or away from home.

*Zia Natural Gas News*

My therapist set half a glass of water in front of me. He asked if I was an optimist or a pessimist. So, I drank the water and told him I was a problem solver.

~Unknown



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### Stop a Bad Day in its Tracks

Sometimes, bad days just happen, but you can choose to turn a bad day into a good day by keeping a few simple things in mind.

Remember, there's no such thing as a run of bad luck. The human brain is wired to look for patterns in random events. If you tell yourself that you are on a losing streak, your brain will start to remember only events that fit that pattern.

Keep your eye on the big picture.

Ask yourself-will I remember this in two weeks' time? Should I? Often, we get upset over things that seem silly the very next day.

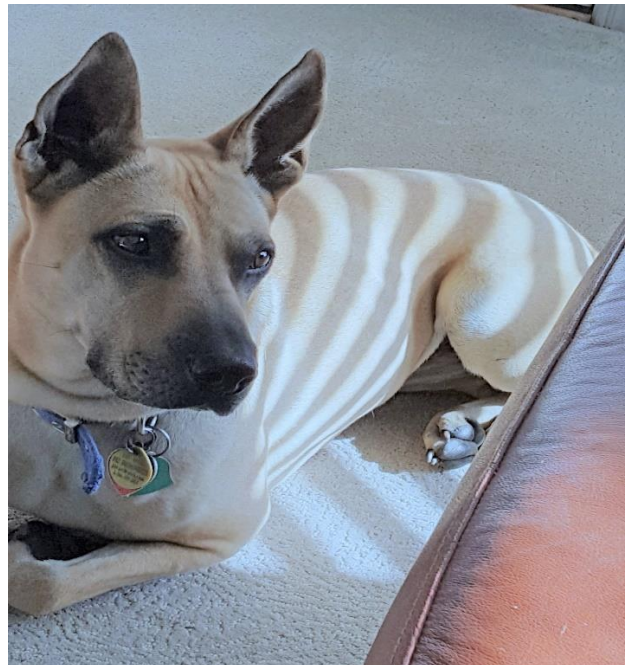
Improve your body chemistry. Your body and brain can easily get into a feedback loop. A bad mood will make you tired, which makes you more tired, and so on and on. You can interrupt this pattern by getting up and moving around, taking a walk, eating something healthy, talking to someone. Getting your body and brain moving is guaranteed to help you get a new perspective. *Empowered Living*

*I hate when a couple argues in public, and I missed the beginning, so I don't know whose side I'm on.*

### SING WHILE YOU DRIVE

At 45 miles per hour, sing --  
"Highways Are Happy Ways."  
At 55 miles, sing -- "I'm But A Stranger Here;  
Heaven Is My Home."  
At 65 miles, sing -- "Nearer, My God, To Thee!"  
At 75 miles, sing -- "When The Roll Is Called  
Up Yonder I'll Be There."  
At 85 miles, sing -- "Lord, I'm Coming Home."

*When you do squats, are your knees supposed to sound like a goat chewing on an aluminum can stuffed with celery?*



*Sun through the blinds turned my dog into a Zebra.*